**Your protagonist and antagonist are each required to write a letter of introduction for your reader, describing themselves, their goals and motivations, and you.  *(This exercise gives you valuable insight into the way your characters think about and describe themselves)***

**It's a Sunday afternoon and your character's responsibilities are complete.  What does he/she do to relax for the rest of the day?  *(This exercise gives you a deeper knowledge of your character through hobbies/leisure time activities.)***

**Your protagonist and antagonist each write a letter to a friend or family member (or you!) about the other.  *(This exercise helps you gain insight into how your characters view their opposition)***

**Your two main characters have to change a flat tire, in the rain.  *(This exercise helps you to learn more about your characters through handling adversity--which can be very telling!)***

**Your main character invites you to his/her place for dinner.  What sort of home does he/she have?  How is it furnished?  Any family, roommates, pets?  What is served?  *(This exercise gives you insight via detailed description of your character's home environment-- which can be useful in your story--family, food preference, and any other details you work into it.)***

**Your main character decides to put up a personal homepage.  How does he/she go about it?  Does he/she have the skills to start building one, or will assistance be necessary?  What sort of information will he/she want on it?  *(This exercise helps give you a feel for how comfortable your character is with the technology that is becoming more prevalent in our lives.  It also gives you insight into how your character sees themselves, through how they would like a total stranger to perceive them.)***

**We are all greatly influenced by our relationship with our parents.  How was this character's relationship with his/her parents?  What kind of people were the parents?  Did they have any odd beliefs/habits that your character has adopted or is rebelling from?  In one story I was working on I had two competing violinists, one from a family that was musically-oriented with musician parents, and one whose father considered it a great disappointment that his son did not play football, as he had.  Can you see how these family relationships will affect the attitudes of the two violinists?**

**What are your character's vices?  Unfortunately, we all have them.  A vice for your character doesn't necessarily have to be drinking or swearing--perhaps your character is a compulsive spender.  Perhaps your character's vice is something as innocuous as a habitual over-consumption of sweets; maybe your character is a chocoholic.  And perhaps your character has just been diagnosed with diabetes.  As you can see, what is considered a vice will depend largely on your character's situation.**

**What are your character's pet peeves?  Sometimes a person's pet peeve can give you insight into their personality, and what things are important to them.  For example one of my biggest pet peeves is people who say things like "the floor needs swept" or "the dishes need washed".  From this, you can tell that grammar is important to me (and a good thing, too, or I would have a hard time of it as a writer!)  If I had a character whose biggest pet peeve was having a pair of slacks without creases, what would that tell you?**

**What is your character's typical daily schedule like?  Unless your story is the sort that will completely disrupt the character's life and put everything in limbo, you're going to have to weave your tale around this schedule.  It wouldn't hurt to know what it is.**

**What is your character's strong point?  Every story involves hardship, and your character will need a way to survive this hardship.  Usually, this involves the character's strong personality strength, or plays off of that strength somehow.  Scarlett O'Hara survived *Gone With the Wind* because of her strength of will, her single-minded determination to get what she wanted.  What is your character's strength?**

**What is your character's middle name?  How does he/she feel about it?  Some people are embarrassed by their middle names, other people are proud of them, even preferring them to their first names.  Does your character routinely use a middle initial?**

**What about a nickname?  Does your character want to be called Bill, or William B Holladay the Third?  Sometimes you can tell quite a bit about someone by what their friends call them.**

<http://www.humanmetrics.com/cgi-win/jtypes2.asp>

<http://rdos.net/eng/Aspie-quiz.php>

<http://users.pgtc.com/~slmiller/characterdevelopment.htm>

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<http://www.amazon.com/Create-Character-Clinic-Step--Fictional-ebook/dp/B00957AZKY/ref=sr_1_1?ie=UTF8&qid=1428953942&sr=8-1&keywords=create+a+character+clinic>